

2016 University Club Striker Squash Camps

June 13-17: Advanced Camp (3-6 seasons) 9-15 years

June 20-24: Intermediate Level Camp (2-5 seasons) 8-13 years

June 27-July 1: Beginner/Intermediate Camp (1-4 seasons) 7-11 years

June 27-July 1: Squash / Pool Camp 5-7 yrs. (11:30 –4:00 includes lunch)

August 17-18: Summer Gold Training (2hr-session each day 10-12pm)

August 22-26: Intermediate Level Camp (3-6 seasons)

August 29-Sept 2: Elite Player Week (Two daily - 2hr sessions 10:30-12:30 & 1:30-3:30) Contact Pro Shop

TIMES: 9:30-4:00 June & Aug 22-26 Week: Monday-Friday (includes lunch); Squash & Pool Camp: 11:30-4pm; August Pre-Jr Gold: includes one daily session from 10:30-12:30pm; August Elite Player Week includes two daily sessions from 10am-12pm & from 1:30-3:30pm

CAMP COST: \$725 Members payable to The University Club, \$800 Non-members payable to University Club of Boston. Squash & Pool: \$375; Gold Training: \$100/\$125; Elite Week: \$500/\$575

FORMAT: A typical day starts promptly at 9:30am. with a warm-up and stretch, followed by a series of drills intended to challenge players. To add some fun and a bit of competition throughout the week, the intermediate and beginner groups are split into teams from which skill specific games are generated to win points. Following lunch provided at the Club, the kids may take part in video analysis, target shooting and one on one squash coaching. We round out the day's activities with conditioning games and match play! Telephone: 617-266-3233 Fax: 617-266-5554 E-Mail: squash@uclub.org

REGISTRATION

Circle: June 13-17, June 20-24, June 27-July 1 (Squash) or (Squash & Pool), August 17-18, August 22-26, August 29-Sept 2 (Elite)

Name: _____ Age: _____

Address: _____ City: _____

Phone: (c) _____ E-mail: _____

Release of liability: I hereby release, relieve, and forever discharge and agree to indemnify and hold harmless the University Club, their servants, agents, and employees from any claims and demands of any and every kind and character for injury to my person or damage to property as a result of my participation in the 2016 Striker Squash Camps at the University Club of Boston June 13-17, June 20-24, June 27-July 1, August 17-18, August 22-26, & August 29-Sept 2.

Signed: _____ Date: _____, 2016